

## Testicular/Pelvic Pain Functional Questionnaire

These are statements about how your pelvic pain affects your everyday life. Please check one box for each item below, choosing the one that best describes your situation. Some of the statements deal with personal subjects. These statements are included because they will help your health care provider design the best treatment for you and measure your progress during treatment. Your responses will be kept completely confidential at all times.

1. Because of my testicular/pelvic pain:

- (3) I can't wear tight fitting clothing that puts any pressure over my painful area
- (2) I can wear closer fitting clothing as long as it only puts a little bit of pressure over my painful area.
- (1) I can wear whatever I like most of the time, but every now and then I feel pelvic pain caused by the pressure of my clothing.
- (0) I can wear whatever I like, I never have pain because of my clothing

2. My testicular/pelvic pain:

- (3) Gets worse when I walk, so I can only walk far enough to move around my house, no further.
- (2) Gets worse when I walk. I can walk short distances outside my house, but it is very painful to walk far enough to get a full load of groceries from the grocery store.
- (1) Gets a little worse when I walk. I can walk far enough to do my errands, like grocery shopping, but it would be very painful to walk longer distances for fun or exercise.
- (0) My pain does not get worse with walking; I can walk as far as I want to.
- (0) I have a hard time walking because of another medical problem, but pelvic pain doesn't make it hard to walk.

3. My testicular/pelvic pain:

- (3) Gets worse when I sit, it hurts too much to sit any longer than 30 minutes at a time.
- (2) Gets worse when I sit. I can sit longer than 30 minutes at a time, but it is so painful that it is difficult to do my job or sit long enough to watch a movie.
- (1) Occasionally gets worse when I sit, but most of the time sitting is comfortable.
- (0) does not get worse when sitting, I can sit for as long as I want to.
- (0) I have trouble sitting for very long because of another medical problem, but pelvic pain doesn't make it hard to sit.

4. Because of pain pills I take for my testicular/pelvic pain:

- (3) I am sleeping and I have trouble concentrating at work or school.
- (2) I can concentrate just enough to work, but I can't do more, like go out in the evenings.

- (1) I can do all of my work, and go out in the evenings if I want, but I feel out of sorts.
- (0) I don't have any problems with the pills I take for pelvic pain.
- (0) I don't take pills for pelvic pain.

5. Because of my testicular/pelvic pain:

- (3) I have very bad pain when I try to have a bowel movement, and it keeps hurting for at least 5 minutes after I am finished.
- (2) It hurts when I try to have a bowel movement, but the pain goes away when I am finished.
- (1) Most of the time it does not hurt when I have a bowel movement, but every now and then it does.
- (0) It never hurts from my pelvic pain when I have a bowel movement.

6. Because of my testicular/pelvic pain:

- (3) I don't get together with my friends or go out to parties or events.
- (2) I only get together with my friends or go out to parties or events every now and then.
- (1) I usually will go out with friends or to events if I want to, but every now and then I don't because of my pain.
- (0) I get together with friends or go to events whenever I want, testicular/pelvic pain does not get in the way.

7. Because of my testicular/pelvic pain:

- (3) I avoid sexual intercourse/masturbation entirely, to prevent my testicular pain.
- (2) I experience testicular pain during sexual intercourse/masturbation, but it does prevent me from sexual activity.
- (1) I occasionally experience testicular pain during sexual intercourse/masturbation.
- (0) I never experience testicular/pelvic pain during sexual intercourse/masturbation.
- (0) I do not participate in sexual activity/masturbation, but that is by choice, not due to pain.

8. Because of my testicular/pelvic pain:

- (3) I avoid intimate situations to prevent ejaculation entirely.
- (2) I experience testicular/pelvic pain during ejaculation, but it does not prevent me from sexual activity.
- (1) I occasionally experience testicular/pelvic pain during ejaculation.
- (0) I never experience testicular/pelvic pain during ejaculation.
- (0) I intentionally masturbate or participate in sexual activity because ejaculation relieves my testicular/pelvic pain.