

Healing & Preventing Recurrences of Pressure Ulcers

We work with TriCare and other private insurances.

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Nurse Response to Your Calls 24/7

Remember Integrity for:

Incontinence Cure
Orthopedic Rehabilitation
Infusion Nursing
Fall Injury Prevention
Complex Wound Care
Cardiac Health Programs
Stroke Rehabilitation
Mobility Improvements
Disability Training
Chronic Disease Management
Diabetic Case Management
Skilled Observation
and much more

Your Integrity Team:

Physical Therapy
Skilled Nursing
Speech Therapy
Occupational Therapy
Home Health Aides
Medical Social Work



Jeanice Mitchell, MPT
Administrator

Medicare Certified
Home Health
&
Outpatient Clinic

The National Health and Nutrition Examination Survey found that community dwelling seniors account for 20% of all pressure ulcers – more than 600,000 cases per year. By utilizing Integrity Home Health, physicians and families can effectively manage these situations at home, without costly institutionalization. In fact, many physicians prefer intervention in the home setting where pressure sores first developed, because a direct assessment of the home environment would be most likely to prevent recurrences.

Most patients presenting with even a stage 1 pressure sore will qualify for home health services. A stage 1 pressure sore is a reddened area on a pressure point that does not blanch when pressed. When community dwelling patients develop pressure sores, guidelines created by the American Medical Directors Association call for a long and comprehensive educational program for patients and families. Refer to Integrity Home Health for patient and caregiver education about management and prevention of pressure ulcers.

Integrity's Patient / Caregiver Education Includes These Topics:

- An individualized plan of care
- Skin assessment
- Transfer techniques, repositioning techniques
- Skin care
- Nutrition & Hydration
- Risk assessment and understanding danger areas
- Proper positioning (sitting, lying, reclining)
- Scheduling repositions
- Personal hygiene
- Evaluation and management of incontinence
- Use of pressure relieving devices

Other Nursing Services: In addition to extensive patient and caregiver education, nurses can provide effective and safe wound care and monitor sores. Integrity will also coordinate the acquisition of new equipment such as pressure relieving devices and lifts.

Physical Therapy Evaluation: The AHCPR's practice guidelines regarding pressure ulcers state: "If potential for improving mobility and activity exists, rehabilitation efforts should be instituted . . ." With the physician's authorization, one of Integrity's licensed physical therapists will evaluate your patient in the home to determine his or her rehab potential. The physical therapist will recommend a customized home exercise program designed to provide long-term mobility improvements.

High Risk for Pressure Ulcers

Bed bound, chair bound, or experiencing difficulty with repositioning.

Compounding factors: incontinence, poor skin condition, and cognitive impairments



Integrity's Incontinence Cure Program

The CDC has shown that patients with incontinence prove 71% more likely to develop skin lesions. Integrity can address this important risk factor. Available as a home health service and as an outpatient physical therapy service, Integrity's Incontinence Cure program helps women and men manage incontinence through various pelvic floor strengthening techniques, e-stim, biofeedback, cones & weights, and patient education strategies.



Please tell your patients about Integrity Rehab & Home Health