

Improving Post-Surgical Outcomes with Pre-Surgical Home Visits

We work with TriCare and other private insurances.

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Nurse Response to Your
Calls 24/7

Remember Integrity for:

Incontinence Cure
Orthopedic Rehabilitation
Infusion Nursing
Fall Injury Prevention
Complex Wound Care
Cardiac Health Programs
Stroke Rehabilitation
Mobility Improvements
Disability Training
Chronic Disease Management
Diabetic Case Management
Skilled Observation
and much more

Your Integrity Team:

Physical Therapy
Skilled Nursing
Speech Therapy
Occupational Therapy
Home Health Aides
Medical Social Work



Jeanice Mitchell, MPT
Administrator

Medicare Certified
Home Health
&
Outpatient Clinic

Fear of surgery and fear of the unknown as it relates to surgery inhibits many elderly patients from electing useful surgeries.¹ A study on pre-operative education programs for patients undergoing total joint replacements demonstrated that patients had less anxiety when they were enrolled in a pre-operative education program that permitted them to ask questions and receive immediate feedback from a doctor, therapist, or nurse.² In addition, inasmuch as a significant portion of recovery from surgeries occurs in the patient's home, it makes sense to make available evaluation of the home and pre-surgical preparation specific to the home. Pre-operative teaching has not only improved patient expectations but also has been connected with early functional recovery.³ Integrity Rehab & Home Health understands the value of pre-operative consultation and therapy and makes additional home-based services available to surgeons in our region. Integrity's pre-surgical program can include:

- **Home modification** consultation from a physical therapist or occupational therapist
- **Assistive equipment** consultation. Assistance with advance procurement of DME to avoid delays after the surgery. Training with assistive equipment
- **Education** and exercise packet
- **Reinforcement** of pre-surgical instructions
- Personalized, targeted **strengthening program** where strengthening may enhance surgical outcomes
- Education for family caregivers on taking care of the patient at home and what to expect



Home visits enable therapists to see firsthand the challenges your patient will face at home and to develop customized DME and home modification strategies. Availability of Integrity's 24/7 on-call service will improve patient and family peace-of-mind. Since Integrity bills pre-surgical home visits under your patient's outpatient therapy benefits, patients need not be homebound prior to their surgery to receive this particular service.

Integrity Rehab & Home Health also provides post-operative home health care. A comprehensive team of nurses for wound care, monitoring and education, physical therapists, occupational therapists, and home health aides help ensure a comfortable and efficient recovery. The combination of pre-surgical care and Integrity's team for post-surgical care results in enhanced outcomes for your patients.

Home Health Grounded in Physical Therapy



Four years ago, Integrity Home Health came into being as an extension of Integrity Rehab. Today, a physical therapist still owns and administrates Integrity Home Health. While nursing and aides serve as an integral part of our plans of care, everything we do is enhanced by our expertise in therapy. Every treatment plan is formed by asking the question "Can we improve this patient's life by improving his or her physical ability?" When you have homebound patients who may benefit from therapy as part of their plan of care, please remember Integrity Home Health & Rehab.

Please tell your patients about Integrity Home Health & Rehab

References

1. Clark JP, Hudak PL, Hawker GA, et al. The moving target: a qualitative study of elderly patients' decision-making regarding total joint replacement surgery. *J Bone Joint Surg Am.* 2004;86-A:1366-1374.
2. Fortina M, Carta S, Gambera D, Crainz E, Ferrata P, Maniscalco P. Recovery of physical function and patient's satisfaction after total hip replacement (THR) surgery supported by a tailored guide-book. *Acta Biomed.* 2005;76:152-156.
3. Prouty A, Cooper M, Thomas P, et al. Multidisciplinary patient education for total joint replacement surgery patients. *Orthop Nurs.* 2006;25:257-261.